

All our Theravine facials, which is an all natural product developed in Stellenbosch, using indigenous Pinotage cultivar grape seeds, are suitable for both male and female clients and include and eyebrow shaping and a head or foot massage. For best results, ask your therapist for advice as to which facial would benefit your skin the most.

TIMECARE EYE TREATMENT **30 min R240**
An intensive anti-wrinkle treatment leaving your eyes fresh and rejuvenated. Add to your facial or book as a separate treatment.

INTENSIVE EXFOLIATING FACIAL **60 min R490**
Containing a 70 % Glycolic Acid, this facial is recommended for mature, sun damaged, wrinkled skins as well as deep acne or other facial scarring.

PURIFYING SEBUVINE FACIAL **60 min R500**
A re-balancing treatment to help normalize the production of sebum and prevent oily skin and blocked pores.

ACNIVINE FACIAL **60 min R500**
A specially developed acne treatment for the prevention of scars, excessive sebum productions and loss of hydration.

NUTRIVINE THERAPACK FACIAL **1h15 R470**
An anti-oxidant, nutrient rich facial that will leave the skin feeling smooth, soft and radiant.

HYDRAVINE FACIAL **1h30 R500**
The perfect treatment for very dry, sensitive skin needing intense hydration and a vitamin boost.

DELUXE ANTI-AGEING FACIAL **1h30 R500**
An infinite replenishing treatment, assisting in reducing fine lines and wrinkles. A true time interceptor!

AROMAVINE ANTI-WRINKLE FACIAL **1h30 R500**
Reduces fine lines, wrinkles and expression lines leaving you feeling rejuvenated and restored.

MASSAGE THERAPY (Feel free to state your pressure preference to your therapist.)

MUSCULAVINE ACHES & PAINS BACK MASSAGE **30 min R300**
Intensive massage and muscle reconditioning techniques are used to help relieve muscular tension.

AROMAVINE SCALP, NECK AND SHOULDER MASSAGE **30 min R300**
Relax whilst feeling the expert hands of your therapist easing stress-related knots and melting away tension and anxiety that have built up in this body area.

SINUS MINT FACIAL MASSAGE **20 min R190**
Using an essential oil blend our specially developed massage will assist in draining the sinuses and relieving congestion and headaches.

HEAD THERAPY **30 min R300**
Improves circulation on the head, enhances senses, improves memory and benefits headaches, insomnia, vertigo and depression.

FOOT THERAPY **30 min R300**
The massage of the nerve endings situated at the bottom of the feet triggers off a response in the body reducing stress and tension.

AROMAVINE MASSAGE (Relaxing, Uplifting, Moisturising or Detoxifying) **60 min R450**
Focusing on relieving stress and muscle tension, receive a customised massage using your choice of one of our anti-oxidant blends. A truly unwinding, anti-stress experience...

TRADITIONAL **60 min R490**
The most commonly offered and best known type of massage which promotes relaxation, eases muscle tension and improves blood circulation throughout the body.

DEEP TISSUE FULL BODY MASSAGE **60 min R600** **DEEP TISSUE BACK MASSAGE** **30 min R400**
A massage especially helpful for chronically tense and contracted areas such as stiff necks, lower back tightness and sore shoulders, arms and legs.

HOT STONE MASSAGE **60 min R620**
Suited to those with chilly feet or muscle tension but who prefer a lighter massage. Using warm volcanic basalt rocks, the heat relaxes the muscles and improves poor circulation.

AFRICAN WOOD MASSAGE **90 min R550**
Blending light stretching techniques and specially designed body and facial wooden implements to relax and restore your weary body. Being drizzled with a warm olive and shea butter ointment, will nourish and heal dry skin whilst experiencing blissful relaxation and rejuvenation.

AFRICAN AWAKENING MASSAGE **90 min R500**
Drawing inspiration from the Marula tree and the African traditional healing beliefs, an ultra relaxing indulgent full body massage was created. The skilful combination of contracting and oxygenating enhancing breathing techniques, will awaken your senses and revive your body and mind.

ADDITIONAL MASSAGE TIME **15 min R120**

HAND & FOOT TREATMENTS

CONDITIONING MANICURE

A luxurious manicure that will leave your hands softened and moisturized.

60 min R280

REVITALISING PEDICURE

A pedicure treatment that will ensure you float out of the spa with smooth and revitalised feet.

1h15 R320

CIRCULAVINE LEG TREATMENT

Combining manual lymphatic drainage with a circulation booster gel, tired and heavy legs will walk out relaxed and relieved. Perfect for after a long flight.

30 min R220

MINT SIGNATURE MANICURE AND PEDICURE

A unique treatment specially created to energise, invigorate, sooth and soften the skin, leaving your hands and feet feeling minty fresh!

2h30 R560

FILE & REVARNISH

30 min R150

TINTING AND SHAPING

Lash Tint	20 min	R60	Brow Tint	10 min	R50
Lash & Brow Tint	30 min	R90	Eyebrow shaping or Wax	10 min	R50

WAXING

Legs – Half	30 min	R150	Legs – Full	60 min	R200	Arms	20 min	R120	Underarms	15 min	R 80
Bikini	30 min	R120	Brazilian	30 min	R150	Hollywood	45 min	R200	Chest	30 min	R120-R200
Back	30 min	R120-R200	Lip or Chin or Brow (each)	10 min	R45						

PACKAGES

SPOIL YOURSELF

NutriVine Facial, Sinus and Head Massage, AromaVine Massage

3h00 R950

WHALE OF A TIME

Choice between an African Wood Massage or African Awakening Massage, NutriVine Therapack Facial, Mint Signature Manicure & Pedicure Lash & Brow Tint & Shape

6h00 R1500

BOOKING TERMS & CONDITIONS

- Open 7 days a week from 08h00 – 20h00.
- Hours will gladly be extended by appointment.
- A 25 % surcharge will be levied on rates for appointments made outside of the normal working hours or for off-site treatments and groups.
- Treatments by appointment – booking in advance is recommended.
- We recommend that you arrive 15 minutes before your treatment time so as to allow for pre-treatment consultation and preparation.
- Walk-ins are welcome (subject to availability).
- A robe, slippers and disposable underwear are available for your use.
- The order of the treatments specified may change at the discretion of the therapist and all times specified are guidelines only, which may include non-treatment activities.
- Late arrivals' treatment time will be reduced accordingly but will still be charged at full price.
- We reserve the right to cancel your appointment and book waitlisted clients, should you be 15 min+ late without notifying the spa for your confirmed booking.
- No treatments will be done without the client's signature and completion of the indemnity and consultation forms.
- Children under the age of 12 must be accompanied by a parent/guardian for the full duration while on the hotel premises.
- Regular clients may apply for our membership programme and enjoy exclusive privileges.
- Gratuities are discretionary and are not included in the treatment price.
- Prices and any other details are subject to change without notice.

CANCELLATION POLICY

- Bookings cancelled with less than 6 hours notice, will be charged at 50 % at the discretion of the Spa Manager.
- Full treatment charge will apply for non-arrivals.

TREATMENT COURSES

- Repetition of specific treatments aid in optimum results. Consult your therapist for more information.

GIFT VOUCHERS

- Gift vouchers are available at all our spas, on our Mint Wellness website or via e-mail.

CONTACT DETAILS

E-mail: info@mintwellness.com / Harbour House Hotel: 028 312 1799 / The Bay Hotel: 021 438 4444 / Camps Bay Retreat: 021 437 8300 / The Farmhouse Hotel: 022 772 2062 / Manager, All Hours: 082 825 8393 / www.mintwellness.com

Terms and Conditions Apply

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