

FACIAL TREATMENTS

All our facials are suitable for both male and female clients and include an eyebrow shaping and a head or foot massage. For best results, ask your therapist for advice as to which facial would benefit your skin the most.

THERAVINE FACIALS

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| Timecare Eye Treatment | 30min | R 240.00 |
| Intensive Exfoliating Facial | 60min | R 490.00 |
| Purifying SebuVine Facial | 60min | R 500.00 |
| AcniVine Facial | 60min | R 500.00 |
| NutriVine Therapack Facial | 1h15 | R 470.00 |
| HydraVine Facial | 1h30 | R 500.00 |
| Deluxe Anti-Ageing Facial | 1h30 | R 500.00 |
| AromaVine Anti-Wrinkle Facial | 1h30 | R 500.00 |

OPTIPHI FACIALS

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| Skin Rejuvenation Peel: 25%, 30%, or 35% | 45min | R 450.00 |
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GUINOT FACIALS

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| Aromatics | 45min | R 550.00 |
| Beaute Neuve | 45min | R 550.00 |
| Liftosome | 45min | R 650.00 |
| Hydradermie Lift | 60min | R 650.00 |
| Hydradermie | 1h15 | R 550.00 |
| Hydradermie for Men | 1h15 | R 550.00 |
| Hydradermie Hydra Plus | 1h30 | R 700.00 |
| Hydradermie Lift Deluxe | 1h45 | R 950.00 |

MASSAGE THERAPY

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| Sinus Mint Facial Massage | 20min | R 190.00 |
| Head Therapy | 30min | R 300.00 |
| Foot Therapy | 30min | R 300.00 |
| AromaVine Scalp, Neck and Shoulder Massage | 30min | R 300.00 |
| MusculaVine Aches & Pains Back Massage | 30min | R 300.00 |
| Deep Tissue Back Massage | 30min | R 400.00 |
| AromaVine Massage (Relaxing, Uplifting, Moisturising or Detoxifying) | 60min | R 450.00 |
| Traditional Massage | 60min | R 490.00 |
| Deep Tissue Full Body Massage | 60min | R 600.00 |
| Hot Stone Massage | 60min | R 620.00 |
| African Wood Massage | 90min | R 550.00 |
| African Awakening Massage | 90min | R 500.00 |
| Additional Massage Time | 15min | R 120.00 |

BODY EXFOLIATION

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|---|-------|----------|
| TheraVine Body Buff Cleanse | 30min | R 270.00 |
| MusculaVine Friction Scrub | 30min | R 280.00 |
| TheraVine Luxurious Pinotage & Lime Salt Glow | 30min | R 290.00 |
| Optiphi Deep Cleansing Back Peel | 45min | R 450.00 |

BODY WRAPS

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|-----------------------------------|------|----------|
| Purifying Body Clay Wrap | 1h30 | R 500.00 |
| Firming & Hydrating Body Gel Wrap | 1h30 | R 500.00 |
| Recharge Body Clay Wrap | 1h30 | R 500.00 |
| Contouring Body Gel Wrap | 1h30 | R 500.00 |
| Relaxation Body Cream Wrap | 1h45 | R 550.00 |

THALASSOTHERAPY/HYDROTHERAPY

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|-----------------------------------|-------|----------|
| Sauna & Steam Room | 30min | R 120.00 |
| MusculaVine Bath Soak | 30min | R 220.00 |
| Nature Bath (single) | 60min | R 200.00 |
| Nature Bath (double) | 60min | R 300.00 |
| HydraVine Rich Bath Milk Ritual | 60min | R 500.00 |
| ThalassoVine Wellbeing Spa Ritual | 1h15 | R 550.00 |
| ThalassoVine Detox Treatment | 1h30 | R 550.00 |

SELF TAN APPLICATION

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| Self Tan With Exfoliation | 60min | R 470.00 |
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HAND & FOOT TREATMENTS

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| CirculaVine Leg Treatment | 30min | R 220.00 |
| Ejuvenate Anti-Ageing Hand Treatment | 45min | R 250.00 |
| Conditioning Manicure | 60min | R 280.00 |
| Optiphi Rejuvenating Hand Peel | 45min | R 250.00 |
| Optiphi Rejuvenating Foot Peel | 45min | R 250.00 |
| Revitalizing Pedicure | 1h15 | R 320.00 |
| Mint Signature Manicure & Pedicure | 2h30 | R 560.00 |
| Add-On - Paraffin Wax For Hands And/Or Feet | 10min | R 50.00 |
| Add-On - French | 15min | R 30.00 |
| File & Revarnish | 30min | R 150.00 |
| Gelish Manicure Add-On | 30min | R 165.00 |
| Gelish Pedicure Add-On | 30min | R 165.00 |
| Gelish Fill | 30min | R 150.00 |
| Gelish Soak Off, File & Paint | 30min | R 180.00 |

TINTING & SHAPING

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| Eyebrow Shaping or Eyebrow Wax | 10min | R 50.00 |
| Brow Tint | 10min | R 50.00 |
| Lash Tint | 20min | R 60.00 |
| Lash & Brow Tint | 30min | R 90.00 |

WAXING

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| Lip or Chin or Brow (each) | 10min | R 45.00 |
| Underarms | 15min | R 80.00 |
| Arms | 20min | R 120.00 |
| Chest | 30min | R 120.00/R 200.00 |
| Back | 30min | R 120.00/R 200.00 |
| Bikini | 30min | R 120.00 |
| Brazilian | 30min | R 150.00 |
| Hollywood | 45min | R 200.00 |
| Legs - half | 30min | R 150.00 |
| Legs - full | 60min | R 200.00 |

SPECIALISED TREATMENTS

Botox, Fillers, Peels & Skin Rejuvenation on request.

FITNESS & TRAINING

Various Fitness and Training sessions on request.

SHAHIEDA'S HAIR DESIGN

Situated at The Bay Hotel, Shahieda will see to all your hair care needs.

PACKAGES

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| Nature Bath and Massage... An Outdoor Experience! | | |
| AromaVine Massage | 1h45 | R 600.00 |
| Organic Bath Soak | | <i>Single</i> |
| Candles & Rose Petals | | R 900.00 |
| Smoothie | | <i>Double</i> |
| Skin Rejuvenation | 1h45 | R 1050.00 |
| Skin Rejuvenation Peel | | |
| Optiphi Deep Cleansing Back Peel | | |
| Optiphi Rejuvenating Hand Peel | | |
| Optiphi Rejuvenating Foot Peel | | |
| MusculaVine Muscle Release Spa Ritual | 2h00 | R 750.00 |
| MusculaVine Friction Scrub | | |
| MusculaVine Bath Soak | | |
| MusculaVine Aches & Pains Massage | | |
| CirculaVine Refreshing Gel | | |

PACKAGES continued...

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| Face & Body Glow Experience Anti-Oxidant Vine Juice Foot Cleanse Ritual Facial Cleanse Facial Exfoliation Body Exfoliation Facial Massage Body Massage Hydrating Body Embalm Warm Botanical Compress | 2h00 | R 800.00 |
| Love Actually AromaVine Massage HydraVine Rich Bath Milk Ritual Candles & Rose Petals Music Sparkling Wine & Fruit Platter | 2h15 | R 800.00 <i>Single</i> R 1,200.00 <i>Double</i> |
| Jet Lag MusculaVine Friction Scrub AromaVine Massage Aromatics Facial | 2h15 | R 1,050.00 |
| Flu Buster NutriVine Facial Sinus and Head Massage AromaVine Massage | 3h00 | R 950.00 |
| Mother-To-Be Massage Liftsome or Beaute Neuve Facial Manicure Pedicure | 3h45 | R 1,450.00 |
| Indulge Yourself Theravine's Luxurious Pinotage & Lime Salt Glow AromaVine Massage Hydradermie Lift Deluxe Mint Signature Manicure and Pedicure Lash & Brow Tint and Shaping | 6h15 | R 2,100.00 |
| King/Queen For A Day * Luxury Car Pick-up Sparkling Wine On Arrival Relaxation Body Cream Wrap AromaVine Massage TheraVine Deluxe Anti-Ageing Facial Conditioning Manicure Revitalizing Pedicure Lunch Hair (Wash & Blow Dry) * Luxury Car Drop-Off * The above time and price does not include Luxury Car Transfers | 8h30 | R 2,450.00 |

BOOKING TERMS & CONDITIONS

- * Open 7 days a week from 08h00 - 20h00.
- * Hours will gladly be extended by appointment.
- * A 25 % surcharge will be levied on rates for appointments made outside of the normal working hours or for off-site treatments and groups.
- * Treatments by appointment - Booking in advance is recommended.
- * We recommend that you arrive 15 minutes before your treatment time so as to allow for pre-treatment consultation and preparation.
- * Walk-ins are welcome (subject to availability).
- * A robe, slippers and disposable underwear are available for your use.
- * The order of the treatments specified may change at the discretion of the therapist and all times specified are guidelines only which may include non-treatment activities.
- * Late arrivals' treatment time will be reduced accordingly but will still be charged at full price.
- * We reserve the right to cancel your appointment and book waitlisted clients, should you be 15 min+ late, without notifying the spa, for your confirmed booking.
- * No treatments will be done without the client's signature and completion of the indemnity and consultation forms.
- * Regular clients may apply for our membership programme and enjoy exclusive privileges.
- * Gratuities are discretionary and are not included in the treatment price.
- * Prices and any other details are subject to change without notice.

CANCELLATION POLICY

- * Bookings cancelled with less than 6 hours notice will be charged at 50 % at the discretion of the Spa Manager.
- * Full treatment charge will apply for non-arrivals.

TREATMENT COURSES

- * Repetition of specific treatments aid in optimum results. Consult your therapist for more information.

GIFT VOUCHERS

Gift vouchers are available at all our spas, on our Mint Wellness website or via e-mail.

Limited treatments available at The Farmhouse Hotel and Harbour House Hotel.

* Terms and conditions apply.