

SKIN & BODY

THE BAY HOTEL
CAMPS BAY

CAMPS BAY RETREAT
CAMPS BAY

Spoil Yourself!

GUINOT FACIAL TREATMENTS

All our facials are suitable for both male and female clients and include an eyebrow shaping. For best results, ask your therapist for advice as to which facial would benefit your skin most.

Hydradermie 1h15 R470

A SPECTACULAR TREATMENT WITH AN INTERNATIONAL REPUTATION.

A beauty treatment with visible lasting results, which imbues the skin with wellbeing.

Hydradermie Hydra Plus 1h30 R670

A DELUXE TREATMENT WITH VISIBLE AND LASTING RESULTS.

The classic Hyradermie Facial, including the delicate eye and neck areas using separate gels, serums, creams and masks for each area.

Hydradermie Lift 1h15 R550

FOR SKIN SHOWING SIGNS OF LOSS OF ELASTICITY

This treatment incorporates all the benefits of the Hydra Plus Facial plus it reaches below the surface of your skin to stimulate muscle tissue resulting in a more tightened, toned and radiant complexion.

Hydradermie Deluxe 1h45 R860

THE ULTIMATE FACE LIFT AND CELLULAR REJUVENATION.

A Hydradermie Facial combined with the Hydradermie Lift for the ultimate hydration and lifting effects.

Hydradermie For Men 1h15 R480

THE ULTIMATE AGE DEFYING FACIAL TREATMENT.

A renewed skin tone and a healthy complexion in the beard regions and the rebalancing and restoration of skin aggravated by shaving, pollution and overexposure to the environment.

Beauté Neuve 45 Min R480

THE RENEWING PEELING TREATMENT.

A Beauté Neuve double peeling treatment with fruit acids, glycolic acids and pure Vitamin C; a treatment for youth, radiance and anti-pigmentation.

Liftosome 45 Min R480

THE PERFECT TREATMENT BEFORE A SPECIAL OCCASION.

Best suited for mature skins, aiming to energise, tighten and firm using Vitamin C to brighten the skin. Liftosome relaxes features, smooths away fine lines and adds a luminous glow to the complexion.

Aromatics 45 Min R400

THE ESSENCE OF NATURE RESTORES THE SKIN.

Plant extracts and essential oil blends are combined in an aromatherapy treatment customised to suit your skin.

Deep Cleanse 60 Min R400

A CLASSIC FACIAL FOR THOSE ON THE GO.

Steaming, thorough deep-pore cleansing, exfoliation, mask, toning, eye cream and moisturiser. This facial leaves your face feeling balanced, refreshed and clean.

MASSAGE THERAPY

Kindly request your therapist for a deeper massage should you feel the pressure is too soft.

Tension Neck & Back	30 Min	R310
Aromatherapy	60 Min	R440
Swedish	60 Min	R440
Deep Tissue	60 Min	R500
Hot Stone	60 Min	R500
Foot Therapy	45 Min	R390
Head Therapy	30 Min	R320
Heavy Leg Treatment	30 Min	R250
Hand & Arm Massage	20 Min	R200
Sinus Mint Massage	15 min	R180
Additional Massage Time	15 Min	R110

BODY TREATMENTS

Aromatic Corps Minceur (Guinot)	1h15	R480
Aromatic Corps Doceur (Guinot)	60 Min	R400
Cellulite Body Wrap	1h30	R330
Exfoliating Marine Scrub	60 Min	R250
Detox Body Wrap & Bath *	2h00	R390
Back "Facial"	45 Min	R350
Self Tan with Exfoliation	60 Min	R400

HANDS & FEET

Manicure	60 Min	R280
French Manicure	60 Min	R300
Paraffin Wax Manicure	60 Min	R320
Pedicure	60 Min	R320
French Pedicure	60 Min	R340
Paraffin Wax Pedicure	60 Min	R360
Mint Signature Manicure & Pedicure	2h00	R380
File & Re-varnish	30 Min	R120

TINTING & SHAPING

Eyelash Tinting	20 Min	R 70
Eyebrow Tinting	10 Min	R 70
Eyelashes & Eyebrows	30 Min	R120
Eyebrow Shaping	10 Min	R 50

HAIR REMOVAL

Legs - Half	30 Min	R150
Legs - Full	60 Min	R200
Arms	20 Min	R120
Underarm	15 Min	R 90
Bikini	30 Min	R150
Chest & Back	50 Min	R240
Lip or Chin or Brows	10 Min	R 40

ALTERNATIVE TREATMENTS

Detox Foot Bath	40 Min	R180
Anti Stress Bath *	50 Min	R190
Sauna Session **	30 Min	R 90

* Monthly specials available on our website or contact reservations.

* Gift vouchers available.

* Treatments by appointment.

* Breakfast, brunch, lunch, picnics & dinner by arrangement.

* A robe, slippers and disposable underwear are available for your use.

* Regular clients may apply for our membership programme and enjoy great privileges.

* The order of the treatments specified may change at the discretion of the therapist and all times specified are guidelines only.

* For group bookings of 4 people or more, a 15% gratuity will automatically be added.

* A 25% surcharge will be levied on rates for appointments made outside of the normal operating hours or for off-site treatments and groups.

* Prices are subject to change without notice.

CANCELLATION POLICY

* Bookings cancelled with less than 5 hours notice, will be charged at 50% at the discretion of the Spa Manager.

* For non-arrivals, the full treatment charge will apply.

* Late arrivals' treatment time will be reduced accordingly but will still be charged at full price.

* Only available at Skin & Body @ The Bay Hotel

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SPECIALISED TREATMENTS *

Subject to availability

Make-up (Day or Evening)	45 Min	R280
Make-up Bridal (Including Trial)	60 Min	R380
Botox (Per Area & Dosage)	60 Min	P.O.A
Fillers	60 Min	P.O.A
Peels	60 Min	P.O.A
Skin Rejuvenation	60 Min	P.O.A
Thai Massage	1h30	R550

DECK & POOLSIDE TREATMENTS

Tension Neck & Back Massage	30 Min	R310
Swedish Massage	60 Min	R440
Foot Therapy Massage	45 Min	R390
Head Therapy Massage	30 Min	R320
Heavy Leg Massage	30 Min	R250
Hand & Arm Massage	20 Min	R200
Sinus Mint Massage	15 Min	R180
Additional Massage Time	15 Min	R110
Mini Manicure	20 Min	R140
Mini Pedicure	20 Min	R160

PACKAGES

Flu Buster	2h45	R1180
Sinus Massage		
Head Therapy		
Deep Cleanse Facial		
Aromatherapy Massage with Mint Oils		

Queen For A Day	8h15 (excl chauffeur service)	R2200
Chauffeur Drive Transport Services Pick Up		
Sparkling Wine on Arrival		
Cleansing Foot Bath		
Full Body Exfoliation		
Swedish Massage		
Hydradermie Facial		
Paraffin Wax Manicure		
Paraffin Wax Pedicure		
Lunch		
Hair		
Chauffeur Drive Transport Services Drop Off		

Bath Delight (In Room)	1h25	R720
Swedish Massage x 1		
Candles		
Music		
Bubble Bath with Essential Oils and Rose Petals		
Sparkling Wine		

The Busy Executive	1h40	R910
Express Facial		
Tension Neck & Back Massage		
Express Manicure		
Express Pedicure		

Thalassotherapy *

3h00 R730

Exfoliating Marine Scrub
Toning Body Wrap
Marine Algae Bath
Anti-Cellulite Gel
Advanced Body Lotion
Moisturising Mist

Mother To Be

3h45 R1530

Tension Neck & Back Massage
Heavy Leg Massage
Beauté Neuve Facial
Paraffin Wax Manicure
Paraffin Wax Pedicure

After Sun Rejuvenation*

2h00 R480

Marine Algae Bath
Advanced Body Lotion
Moisturising Mist
Pedicure

Tired Muscles*

3h45 R1220

Exfoliating Marine Scrub
Marine Algae Bath
Deep Tissue Massage
Advanced Body Lotion
Foot Therapy
Moisturising Mist

Indulge Yourself

6h00 R1990

Exfoliating Marine Scrub
Aromatherapy Massage
Hydradermie Deluxe
Lash Tint
Manicure
Pedicure

Jet Lag

2h45 R980

Exfoliating Marine Scrub
Swedish Massage
Aromatic "Pick-me-up" Facial

Stress Reliever

4h45 R1550

Exfoliating Marine Scrub
Toning Body Wrap
Swedish Massage
Head Therapy
Foot Therapy

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