

**LITTLE DIVAS (8-12 YEARS)**

Funky Fingers .....	R200 / 30min
Twinkle Toes .....	R220 / 45min

**HANDS AND FEET**

Luxury Manicure .....	R400 / 60min
Express Manicure .....	R250 / 30min
Gelish Manicure .....	R450 / 1h15min
Gelish Soak-Off and Nail Buff .....	R200 / 45min
Men's Manicure .....	R300 / 45min
Luxury Pedicure .....	R450 / 1h15min
Luxury Callus Peel Pedicure .....	R500 / 1h30min
Express Pedicure .....	R270 / 30min
Gelish Pedicure .....	R550 / 1h15min
Men's Pedicure .....	R380 / 1hr

**PACKAGES (CHECK SEQUENCE OF TREATMENTS)**

**Traveller's Tension** .....R700 / 1hr  
 Release travel tension with a scalp, neck and shoulder massage followed by a pressure point foot and leg massage.

**Love Actually Or Nature Bath\***.....R1 400 / (single) – R2 700 / (double) 2hrs  
 Enjoy an aromatherapy massage followed by an organic bath soak, perfectly paired with a glass of sparkling wine or fruit smoothie and a fresh fruit platter.

\*Nature Bath only available at Camps Bay Retreat. Love Actually at both Spas.

**Man Of The Moment**.....R1 800 / 2h30  
 Sauna or steam session, deep tissue full body massage, scalp massage and a luxury callus peel pedicure.

**Just Us**.....R1 800 / (single) – R3 400 / (double) 2hrs  
 Unwind with an aromatherapy, scalp and pressure point foot massage, completed with an express facial.

**Mint Favourites** .....R2 600 / 4hrs  
 A top-to-toe spoil consisting of a welcoming foot ritual, our Mint Signature massage, a hydrating facial and your choice of a luxury manicure or pedicure.



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 For further information, operating hours and gift vouchers, please visit www.mintwellness.com or email us at bookings@mintwellness.com.

Valid from 01 June - 01 October 2022

**BENEFITS WITH TREATMENTS**

- Any treatment longer than 60 minutes, gains you access to a lounge at the pools (excluding the Sandy B Private Beach Club), subject to availability (excludes peak season from 16 December to 4 January).
- Any treatments to the value of R1 500 and over, offers access to loungers (client +1), subject to availability (excludes peak season from 16 December to 4 January), day membership at Sandy B Private Beach Club and access to the sauna, steam room and gym.

**ETIQUETTE**

- We recommend that you arrive 15 minutes prior to your treatment time to allow for pre-treatment consultation and preparation.
- A robe, slippers and disposable underwear are available for your use.
- No treatment will commence without the client's signature and completion of the indemnity and consultation forms.
- Gratuities are discretionary and are not included in the treatment price (usually between 10 – 15 %).
- There is adequate public parking nearby. On-site parking available by arrangement.

**BOOKING TERMS AND CONDITIONS**

- Credit card details may be requested to secure a booking.
- A 50% deposit is required for group bookings and packages.
- A special fee for appointments made outside of the normal working hours (subject to therapist availability), as well as group bookings, will be charged.
- We reserve the right to cancel your appointment and book waitlisted clients should you be more than 15 minutes late for your confirmed booking without notifying the spa.
- Bookings cancelled with less than 4 hours notice, will be charged at 50% of the booked treatment value, at the discretion of the Wellness Host.
- Full treatment charge will apply for non-arrivals.
- Children under the age of 12 must be accompanied by a parent/guardian for the entire duration spent on the hotel premises.
- Prices and any other details are subject to change with reasonable notice.
- Terms and conditions apply and can be viewed on www.mintwellness.com.

**FACIALS**

**Lamelle Essentials Hydrating Facial Treatment**.....R650 / 1hr

This facial offers an experiential treatment to stimulate the senses, to quench a thirsty, dehydrated skin and to thoroughly improve the skins quality.

**Lamelle Essentials Purifying Facial Treatment**.....R650 / 1hr

This facial offers an experiential treatment to stimulate the senses, to purify a congested skin and to thoroughly improve the overall quality of the skin.

**Lamelle Essentials Age Preventing Facial Treatment**.....R700 / 1hr

This facial offers an experiential treatment to stimulate the senses, to support and protect the skin with powerful antioxidants and to thoroughly improve the overall quality of the skin.

**Esse Express Facial Treatment**.....R490 / 30min

A fully customisable treatment targeted at achieving results in 30 minutes.

**Esse Experience Facial Treatment**.....R800 / 1hr

A bespoke facial that harnesses the power of advanced pre & probiotics to improve the microbial balance on the skin. Tailored to address your specific skin concerns with customisations and enhance the treatment with carefully crafted add-ons. Experience benefits that include soothing stress relief, boosted collagen production, reduced inflammation, and strengthened skin barrier function.

**Esse Live Probiotic Experience**.....R980 / 1h15

An ultimate treatment to elevate your skin to a whole new level with live probiotics and specialised massage protocols. This world class standard live probiotic experience is designed to reduce inflammation, enhance barrier function signs of ageing by restoring microbial balance and rewiring the skin. The inclusion of the Esse Sensitive or Lifting massage further enhance treatment outcome and promote complete relaxation.

**Thalgo Hyaluronic Marine Facial Deep Wrinkles**.....R2 000 / 1hr

An anti-wrinkle solution drenched in high penetration hyaluronic acid, this treatment fills and corrects deep wrinkles thanks to its exclusive massage and double professional mask, resulting in a younger and smoother looking skin.

**Thalgo Lumière Marine Facial Pigmentation and Uneven Skin Tone**.....R2 100 / 1hr

The skin appears visibly younger through lightening the complexion and reducing pigmentation marks.

**Thalgo Silicium Marine Facial Deep Wrinkles and Lack of Ton**.....R2 400 / 1h15

Correcting loss of firmness and smoothing deep wrinkles, the treatment procedure includes a highly effective anti-wrinkle massage and a professional double firming mask which erases wrinkles and restores radiance to the complexion.

**Thalgo Exception Marine Facial Ladies 45+**.....R2 600 / 1h30

The first Marine Lifting treatment which resculpts, contours, redensifies the skin and fills out wrinkles. The patented Marine Replenishment Complex and an exclusive Thalgo technique, Energilift, makes this facial a real manual facelift.

**Thalgo Men's Facial**.....R800 / 1hr

Uniquely designed for men, the key Algae Bleue Vitale extract is infused with anti-fatigue and anti-ageing properties. This energising facial provides immediate results which leaves the complexion rested, radiant and rejuvenated.

**Thalgo Source Marine Ritual Dehydrated**.....R900 / 1hr

Hydration levels are lastingly corrected to deeply replenish and restore the skin's velvety-smooth feel and original radiance.

**TINTING**

Brows .....R80 / 10min

Lashes .....R100 / 10min

Brows and Lashes .....R100 / 30min

**WAXING**

Lip, Chin or Brow (each) .....R120 / 10min

Underarms .....R140 / 15min

Arms – Half .....R130 / 20min

Arms – Full .....R240 / 40min

Chest or B.....R300 / 30min

Bikini .....R200 / 30min

Brazilian.....R320 / 30min

Hollywood .....R350 / 45min

Legs – Half .....R300 / 30min

Legs – Full.....R350 / 1hr

**BODY**

**Bellabaci Deep Relax Body Ritual** .....R1 250 / 2hrs

This treatment is designed to support hormonal balance, relax nervous tension, calms emotional upsets and busy minds, may relieve adrenal fatigue and exhaustion. Includes a full body exfoliation, followed by application of the stress no more body wrap. While the wrap is on, a 15 min scalp and foot massage is performed. Followed by the application of the stress no more balm and a relaxing 30 min back, neck and shoulder massage.

**Bellabaci Revive Body** .....R1 000 / 1hr 30min

This treatment is designed to support the balancing of blood circulation, hormonal activity, venous flow, arterial repair, as well as lymphatic drainage. Includes an invigorating full body exfoliation, followed by the application of the circuflow body wrap. Application of the circuflow balm and a reviving foot and leg massage incorporating the Bellabaci cups.

**Bellabaci Detox and Slimming Body Treatment** .....R1 100 / 1hr 30min

This treatment focuses on your individual problematic areas, targeting cellulite while supporting slimming, detoxification and firming your skin. Includes a stimulating full body exfoliation, followed by the application of the cellulite be gone body wrap in targeted areas. Finishing the treatment off with the cellulite be gone balm and cupping therapy in areas of concern.

**MASSAGES**

Scalp and Neck .....R350 / 30min

Soothed Soles (Feet) .....R400 / 45min

Back, Neck and Shoulder .....R420 / 45min

Cooling Leg Treatment.....R550 / 45 min

Swedish .....R800 / 1hr

Aromatherapy .....R900 / 1hr

Deep Tissue.....R1 000 / 1hr

Hot Stone.....R1 100 / 1h30

**Mint Signature** .....R1 400 / 1h30

Our signature massage incorporates a combination of aromatherapy and hot stones with invigorating mint massage oil to relieve and prevent tense muscles, pain and sinusitis.

Additional Time .....R120 / 15 min